



THE CANADIAN MOUNTAIN ASSESSMENT: WALKING TOGETHER TO ENHANCE UNDERSTANDING OF MOUNTAINS IN CANADA

Graham McDowell, Madison Stevens, Shawn Marshall, et al.

ISBN 978-1-77385-510-3

THIS BOOK IS AN OPEN ACCESS E-BOOK. It is an electronic version of a book that can be purchased in physical form through any bookseller or on-line retailer, or from our distributors. Please support this open access publication by requesting that your university purchase a print copy of this book, or by purchasing a copy yourself. If you have any questions, please contact us at <a href="https://www.uccestage.com/uccesta

Cover Art: The artwork on the cover of this book is not open access and falls under traditional copyright provisions; it cannot be reproduced in any way without written permission of the artists and their agents. The cover can be displayed as a complete cover image for the purposes of publicizing this work, but the artwork cannot be extracted from the context of the cover of this specific work without breaching the artist's copyright.

COPYRIGHT NOTICE: This open-access work is published under a Creative Commons licence. This means that you are free to copy, distribute, display or perform the work as long as you clearly attribute the work to its authors and publisher, that you do not use this work for any commercial gain in any form, and that you in no way alter, transform, or build on the work outside of its use in normal academic scholarship without our express permission. If you want to reuse or distribute the work, you must inform its new audience of the licence terms of this work. For more information, see details of the Creative Commons licence at: http://creativecommons.org/licenses/by-nc-nd/4.0/

UNDER THE CREATIVE COMMONS LICENCE YOU **MAY**:

- read and store this document free of charge;
- distribute it for personal use free of charge;
- print sections of the work for personal use;
- read or perform parts of the work in a context where no financial transactions take place.

UNDER THE CREATIVE COMMONS LICENCE YOU MAY NOT:

- gain financially from the work in any way;
- sell the work or seek monies in relation to the distribution of the work:
- use the work in any commercial activity of any kind;
- profit a third party indirectly via use or distribution of the work:
- distribute in or through a commercial body (with the exception of academic usage within educational institutions such as schools and universities);
- reproduce, distribute, or store the cover image outside of its function as a cover of this work:
- alter or build on the work outside of normal academic scholarship.



Acknowledgement: We acknowledge the wording around open access used by Australian publisher, **re.press**, and thank them for giving us permission to adapt their wording to our policy http://www.re-press.org

The Canadian Mountain Assessment

WALKING TOGETHER TO ENHANCE UNDERSTANDING OF MOUNTAINS IN CANADA

Graham McDowell, Madison Stevens, Shawn Marshall, et al.



THE CANADIAN MOUNTAIN ASSESSMENT

The Canadian Mountain Assessment

WALKING TOGETHER TO ENHANCE UNDERSTANDING OF MOUNTAINS IN CANADA

Graham McDowell, Madison Stevens, Shawn Marshall, Eric Higgs, Aerin Jacob, Gùdia Mary Jane Johnson, Linda Johnson, Megan Dicker, Dani Inkpen, Michele Koppes, Keara Lightning, Brenda Parlee, Wanda Pascal, Joseph Shea, Daniel Sims, Niiyokamigaabaw Deondre Smiles, Leon Andrew, Caroline Aubry-Wake, David Borish, Ashley-Anne Churchill, Dawn Saunders Dahl, Goota Desmarais, Karine Gagné, Erika Gavenus, Stephan Gruber, Jiaao Guo, Katherine Hanly, Nina Hewitt, Murray Humphries, Rod Hunter, Lawrence Ignace, Pnnal Bernard Jerome, Patricia Joe, Stephen Johnston, Knut Kitching, Douglas Kootenay, Daniel Kraus, Sydney Lancaster, Rosemary Langford, Lachlan MacKinnon, Christopher Marsh, Brandy Mayes, Hayden Melting Tallow, Charlotte Mitchell, Tim Patterson, Sophie Pheasant, Karen Pheasant, Melissa Quesnelle, Rachel Reimer, Lauren Rethoret, Gabriella Richardson, Brooklyn Rushton, María Elisa Sánchez, Richard Schuster, Tonya Smith, Lauren Somers, Chris Springer, Kyra St. Pierre, Karson Sudlow, Yan Tapp, Julie M. Thériault, Andrew Trant, Vincent Vionnet, John Waldron, Gabrielle Weasel Head, Sonia Wesche, Nicole J. Wilson, Matthew Wiseman, Kristine Wray, Stephen Chignell, Thomas McIlwraith, PearlAnn Reichwein, Steven M. Vamosi







© 2023 Canadian Mountain Assessment

University of Calgary Press 2500 University Drive NW Calgary, Alberta Canada T2N 1N4 press.ucalgary.ca

All rights reserved.

This book is available in an Open Access digital format published under a CC-BY-NCND 4.0 Creative Commons license. The publisher should be contacted for any commercial use which falls outside the terms of that license.

Library and Archives Canada Cataloguing in Publication

Title: The Canadian Mountain Assessment: walking together to enhance understanding of mountains in Canada / Graham McDowell, Madison Stevens, Shawn Marshall, et al.

Names: McDowell, Graham, author. | Stevens, Madison, author. | Marshall, Shawn (Shawn J.), author.

Description: Statement of responsibility from cover. | Includes bibliographical references.

Identifiers: Canadiana (print) 20230542778 | Canadiana (ebook) 20230542883 | ISBN 9781773855080 (hardcover) | ISBN 9781773855097 (softcover) | ISBN 9781773855103 (Open Access PDF) | ISBN 9781773855110 (PDF) | ISBN 9781773855127 (EPUB)

Subjects: LCSH: Mountains—Canada. | LCSH: Mountain ecology—Canada. | LCSH: Traditional ecological knowledge—Canada.

Classification: LCC QH106 .M332 2023 | DDC 577.5/30971—dc23

The University of Calgary Press acknowledges the support of the Government of Alberta through the Alberta Media Fund for our publications. We acknowledge the financial support of the Government of Canada. We acknowledge the financial support of the Canada Council for the Arts for our publishing program.







The Canadian Mountain Assessment acknowledges support from the Canadian Mountain Network (CMN)—a member of the Networks of Centres of Excellence Canada program—and the Natural Sciences and Engineering Research Council of Canada (NSERC).

Copyediting by Brian Scrivener

Cover image: Storm Mountain and Arethusa Cirque in autumn, Canadian Rockies. Photo courtesy of Paul Zizka, 2020.

Cover design, page design, and typesetting by Garet Markvoort, zijn digital

We respectfully acknowledge that the mountains discussed herein, which inspire and sustain us, are the traditional and ancestral territories of First Nations, Métis, and Inuit Peoples who have cared for and known these homelands since time immemorial.

We recognize that present-day Canada was formed through colonial discrimination and dispossession of Indigenous Peoples, and that these legacies of colonial harm continue to perpetuate injustices against First Nations, Métis, and Inuit Peoples across Canada.

We affirm our individual and collective responsibilities to address these harms, work towards reconciliation and healing, and build relationships among Peoples and with the other-than-human world that are rooted in reciprocity, equity, and respect. This acknowledgement is only a first step in the journey.

We gratefully honour the ancestors who light our path ahead.

ACKNOWLEDGEMENTS

The Canadian Mountain Assessment (CMA) represents the first formal assessment of mountain systems in Canada, as well as an important effort to enhance understanding of mountains through the respectful inclusion of both Western academic and Indigenous ways of knowing. It is the outcome of over three years of work and was made possible by funding from the Canadian Mountain Network (CMN)—a member of the Networks of Centres of Excellence Canada program—and the Natural Sciences and Engineering Research Council of Canada (NSERC), institutional support from the University of Calgary, and the incredible commitment, effort, and care of an extensive and diverse group of individuals.

We acknowledge with deep gratitude those that have come together to prepare the CMA:

Project Leader: Graham McDowell Project Assistant: Madison Stevens

Project Research Team: Jiaao Guo, Katherine

Hanly, Graham McDowell

Canadian Advisors: Eric Higgs, Aerin Jacob, Gùdia Mary Jane Johnson, Linda Johnson, Shawn Marshall

International Advisors: Carolina Adler, Martin Price, Pasang Dolma Sherpa, Phillippus Wester

Chapter Co-Lead Authors: Megan Dicker, Eric Higgs, Dani Inkpen, Michele Koppes, Keara Lightning, Brenda Parlee, Wanda Pascal, Joseph Shea, Daniel Sims, Niiyokamigaabaw Deondre Smiles

Chapter Contributing Authors: Leon Andrew,
Caroline Aubry-Wake, David Borish, Stephen
Chignell, Ashley-Anne Churchill, Dawn
Saunders Dahl, Goota Desmarais, Megan
Dicker, Karine Gagné, Erika Gavenus, Stephan
Gruber, Jiaao Guo, Katherine Hanly, Nina
Hewitt, Eric Higgs, Murray Humphries, Rod
Hunter, Lawrence Ignace, Aerin Jacob, Pnnal
Bernard Jerome, Patricia Joe, Gùdia Mary Jane
Johnson, Linda Johnson, Stephen Johnston,

Knut Kitching, Douglas Kootenay, Michele Koppes, Daniel Kraus, Sydney Lancaster, Rosemary Langford, Keara Lightning, Lachlan MacKinnon, Christopher Marsh, Shawn Marshall, Brandy Mayes, Hayden Melting Tallow, Charlotte Mitchell, Wanda Pascal, Tim Patterson, Sophie Pheasant, Karen Pheasant, Melissa Quesnelle, PearlAnn Reichwein, Rachel Reimer, Lauren Rethoret, Gabriella Richardson, Brooklyn Rushton, María Elisa Sánchez, Richard Schuster, Joseph Shea, Daniel Sims, Niiyokamigaabaw Deondre Smiles, Tonya Smith, Lauren Somers, Chris Springer, Kyra St. Pierre, Madison Stevens, Karson Sudlow, Yan Tapp, Julie M. Thériault, Andrew Trant, Vincent Vionnet, John Waldron, Gabrielle Weasel Head, Sonia Wesche, Nicole J. Wilson, Matthew Wiseman, Kristine Wray

Chapter Review Editors: Stephen Chignell, Thomas McIlwraith, PearlAnn Reichwein, Steven M. Vamosi

Graphic Design: Annie Webb

Cartography: Chris Brackley and Angi Goodkey (As the Crow Flies cARTography), Jiaao Guo

Videography: David Borish

In addition to the core project team, we wish to acknowledge Robert Sandford and Kelly Bannister, who provided critical and constructive input, which played an important role in shaping our assessment process. We are also appreciative of 28 external reviewers, whose diverse perspectives and thoughtful suggestions improved the coherence and credibility of the CMA.

Matthew Berry and Stan Boutin—former CMN Interim Director and CMN Co-Research Director, respectively—were both champions of the CMA vision and were instrumental in securing financial and in-kind support from the CMN. We are also appreciative of helpful guidance received from Murray Humphries and Norma Kassi, current and former CMN Co-Research Directors, respectively.

Likewise, we thank Nicole Olivier, former CMN Programs Manager, for her encouragement and steadfast support with project operations and budgetary matters. Finally, Monique Dubé, Executive Director of the CMN, provided helpful assistance with project funding and supporting alignment with CMN priorities.

We are also thankful to those at the University of Calgary Press who have supported the publication process: Brian Scrivener, Alison Cobra, Helen Hajnoczky, Alan MacEachern, and Garet Markvoort. Their patience, attentiveness to the CMA's ethical and technical requirements, and skilful manuscript preparation efforts have led to a published work that is reflective of the spirit and intent of the CMA.

While the CMA is a national scale initiative, we note that many researchers; First Nations, Métis, and Inuit individuals; and mountain professionals with knowledge of mountains in Canada were not directly involved in the project. Nevertheless, our work was informed by the efforts of this broader community; we thank all of those that create,

safeguard, and (where appropriate) share knowledge of mountains in Canada. Furthermore, while the CMA attempts to assess the state of mountain knowledge in Canada, we appreciate that knowledge of mountains is not only held by people. We recognize other-than-human Knowledge Holders in mountains and call attention to the importance and legitimacy of their knowledges, even if they are largely beyond the scope of the CMA and the realm of human experience more broadly.

Finally, we are grateful for the mountains themselves. Mountains are important to all of us involved in the CMA, in ways that are common, including as sources of freshwater, but also in ways that are distinctive and deeply personal. Regardless of our specific connections to mountains, they have inspired each of us to dedicate considerable time and effort to enhancing understanding of mountains in Canada. We benefit tremendously from mountains, and it has been an honour to work in the service of these special places.

viii ACKNOWLEDGEMENTS

FOREWORD

Jody Hilty, President and Chief Scientist, Yellowstone to Yukon Conservation Initiative William (Bill) Snow, Acting Director of Consultation, Stoney Tribal Administration

Majestic and towering and yet uniquely fragile, mountains in Canada sit at the forefront of discussions about cultural regeneration, reversing biodiversity loss, and addressing climate change. Mountains are places of inspiration and rejuvenation for the mind, body, and the soul. For many Indigenous Peoples, they are also places of cultural sites and practices, and areas where cultures would meet and spend time together, to forge alliances and mark celebrations. Indigenous Peoples have long been stewards of mountain environments, and mountains have provided much in return. Today, questions about the guardianship of the mountain areas remains contentious as Indigenous Peoples assert their territories while the Government of Canada refers to much of these lands as "Crown Lands." In this context, Indigenous Peoples and the federal government are forging new ways forward that enable joint agreements on how lands should be cared for, consistent with the government's commitment to the United Nation's Declaration on the Rights of Indigenous Peoples and Canada's Truth and Reconciliation framework.

Mountains in Canada are also important centres of biodiversity; they are home to iconic species such as grizzly bears, wolverine, and mountain caribou, as well as less prominent but no less important flora and fauna. Historically, the general inaccessibility of mountains has meant that human development in the mountains—be it homes and towns, agriculture, or extractive activities—has been slower and less extensive than in more accessible valley bottoms and less topographically diverse regions. However, today mountains across Canada are seeing an increase of human activities and development, as population growth and new technologies result in develop-

ment reaching ever further into the interior of mountains, up their slopes, and across their many folds. Given Indigenous Peoples' unique and significant knowledges of mountain ecosystems, it is promising that biodiversity conservation efforts are now advancing in more collaborative ways, leading to conservation efforts that are informed by both Western scientific and Indigenous knowledges of mountain environments, as well as the establishment of Indigenous-led protected areas in mountain regions.

Despite auspicious governance developments, climate change is rapidly transforming mountain areas in Canada, leading to growing concern about impacts on water resources, the structure and function of mountain ecosystems, and the safety and wellbeing of communities in and downstream of mountain areas. This, in turn, is raising awareness about the urgent need for both the mitigation of greenhouse gases as well as adaptation to emerging challenges and potential opportunities of climate change in mountain areas. However, changes are currently outpacing understanding of viable paths forward for mountain areas in Canada in a changing climate.

For these reasons and more, the timeliness of the Canadian Mountain Assessment (CMA) could not be better. It is more imperative than ever that we have clarity about what we know, do not know, and need to know about mountains areas across Canada. It is only with such knowledge that we can make prudent decisions about how we as a society—in all our diversity—can move forward to care for mountains into the future.

The CMA represents a tremendous effort to advance understanding of mountains in Canada, and assessment practices more broadly, through the respectful inclusion of multiple ways of knowing.

This involved developing new approaches to bring together Indigenous knowledges with insights from Western academics, including by organizing project governance through a 'Stewardship Circle'; convening a 'Learning Circle' with First Nations, Métis, and Inuit individuals from across mountain areas in Canada; ensuring that chapters were co-led by Indigenous and non-Indigenous authors to support equitable knowledge co-creation; and sharing oral knowledges through embedded videos to respect and support oral knowledge sharing traditions. It also involved significant attention to the protection of Indigenous knowledges, including by developing a publication model that allows for the removal of content into the future, if deemed necessary, consistent with the principle of ongoing consent. Another welcome aspect of the CMA is that those involved with the project explicitly recognize the limits of their individual and collective understanding across different mountain regions, Indigenous territories, and ways of knowing and connecting to mountains. This extends to the

overall contribution of the CMA, which is framed as a beginning rather than the final word. Those involved with the CMA should be commended for their humility, and for leading the way in demonstrating how to engage respectfully with a diversity of knowledges in such a major assessment.

Given the many issues facing mountain areas in Canada, it is necessary to both broaden and deepen our understanding of mountains in the country. The CMA's thoughtful examination of diverse knowledges of mountains in Canada gives us an opportunity to do just this. It also gives us reasons to be hopeful about the future; it provides a very real example of how embracing multiple ways of knowing can enhance our collective understanding of mountains, while also leading to new insights about how we might move forward together in a good way. We are reminded of the words by the late ecologist E.O. Wilson who stated "We are drowning in information, while starving for wisdom." The Canadian Mountain Assessment provides ample food for thought.

x FOREWORD

EXECUTIVE SUMMARY

The Canadian Mountain Assessment (CMA) provides a first-of-its-kind look at what we know, do not know, and need to know about diverse and rapidly changing mountain systems in Canada. The assessment includes insights from both Indigenous and Western academic knowledge systems and represents a unique effort to enhance understanding of mountains through respectful inclusion of multiple bodies of knowledge. The CMA is a text-based document, but it also includes a variety of visual materials as well as access to video recordings of conversations with First Nations, Métis, and Inuit individuals from mountain areas in Canada. The CMA is the country's first formal assessment of mountain systems knowledge; it is guided by five overarching principles (Figure 0.1).

The CMA is composed of six chapters, summarised below.

Chapter 1. Introduction

This chapter provides the context and rationale for the assessment, as well as details about the

1 - Service

The CMA is guided by service to mountains and mountainconnected communities — Indigenous, non-Indigenous, and non-human — now and into the future.

2 - Inclusivity

The CMA celebrates the diversity, depth, and specificity of First Nations, Métis, Inuit, and Western academic knowledges related to mountains in Canada, and aspires to demonstrate the breadth of these knowledges, as well as points of tension, synergy, and emergence.

3 - Humility

The CMA aspires to collaboratively advance a good effort, acknowledging that our assessment of what we know, don't know, and need to know about mountains in Canada inherently reflects structural disparities, procedural limitations, and our own positionality.

CMA's governance, conceptual and ethical foundations, methodology, and structure. It also calls attention to important caveats and limitations as well as salient innovations and contributions of the CMA.

Chapter 2. Mountain Environments

The Mountain Environments chapter examines the biogeophysical characteristics of mountain regions in Canada. It assesses the state of knowledge for a wide range of environmental topics including geology; weather and climate; snow, ice, and permafrost; water; hazards; ecosystems and biodiversity; and connections between mountains and lowland/coastal environments. While demonstrating a significant amount of scientific work related to mountain environments in Canada, the chapter also illustrates the general lack of engagement with Indigenous knowledge systems in relation to mountain environments in existing Western academic research. Contributions from Indigenous Peoples are nevertheless included in the chapter by way of CMA authors

4 - Responsibility

The CMA is committed to upholding the integrity of diverse knowledges shared into the assessment; respecting the privacy of culturally protected knowledges; enacting on-going consent; and ensuring open-access publication, traceability, and transparency.

5 - Action

The CMA aims to enhance understanding of the importance of mountains in Canada, and to stimulate relationships, research, and action that support the realization of desirable mountain futures.

as well as knowledges shared during the CMA's Learning Circle. In its conclusion, the chapter identifies gaps in our current understanding of mountain environments and invites mountain researchers to engage with Indigenous communities to learn more about their unique perspectives and understandings of mountain environments in Canada.

Chapter 3. Mountains as Homelands

The Mountains as Homelands chapter considers how mountains in Canada are experienced and shaped as Homelands by Indigenous Peoples and homes by non-Indigenous people. The chapter approaches this broad topic by considering how mountainous environments are made into significant places through practice, representation, and relations among people. It weaves together knowledge from Indigenous Peoples and scholarly literature, and draws on conceptual approaches offered by relational thinking, multispecies scholarship, and ontologies studies. The chapter begins by examining storytelling as an important means of place-making in mountain Homelands. It then considers how an emerging field of mountain archaeology corroborates and supports Indigenous presence in mountain Homelands. Moving beyond strict divisions between nature and culture, a substantial portion of the chapter explores how multispecies relations underpin mountains as homes and Homelands. The chapter then examines the forms and ongoing impacts of colonialism and power in Canadian mountain places. This includes the role of parks and protected areas, and private land, in mountain regions, and how science, labour, recreation, and art have shaped perceptions and experiences of mountain places. It assesses how such practices can contribute to discrepancies in access to mountains as homes and Homelands. The chapter concludes with the topic of Indigenous governance in mountain places. Overall, the chapter finds that the literature on these topics is better represented in the western mountain regions, that the role of private land in constituting mountain places is generally under-examined, and that there are opportunities for scholarship that documents and explores Indigenous resistance to incursions on mountain Homelands and the reassertion of Indigenous governance in mountains.

Chapter 4. Gifts of the Mountains

The Gifts of the Mountains chapter explores the contributions of mountains to the wellbeing of human communities. It uses the framing of gifts as an alternative to the conventional descriptions of resources or ecosystem services, and reveals how, for many people in Canada, mountains provide material, artistic, pedagogical, emotional, and spiritual gifts. The chapter also discusses how particular users and communities receive benefits derived from energy, minerals, and forests found in mountains. Importantly, the chapter calls attention to the idea that many gifts from mountains are situated in reciprocal relationships where users receive foods, medicines, water, or recreational space, as personal gifts which, in turn, inspire wonder, awe, respect, and care. Such reciprocity is often, but not exclusively, associated with Indigenous worldviews. Ultimately, the chapter demonstrates that gifts from mountains are unevenly distributed and that some benefits derived from mountains may come at a cost to others seeking to enjoy the same mountain spaces. Furthermore, many gifts of the mountains are under increasing pressure from drivers of environmental and social change.

Chapter 5. Mountains Under Pressure

The Mountains Under Pressure chapter examines the drivers of recent and future change in mountain systems in Canada, as well as impacts to mountain ecosystems and communities, focusing on the period from the "great acceleration" of increasing human population and activity in 1950 out to 2100. Key issues assessed include climate change, land use development, resource extraction, pollution, tourism and recreation, population growth, invasive species, and governance practices, including associated threats to the sustainability of mountain environments, livelihoods, and gifts of the mountains. The chapter demonstrates that these pressures are often interconnected and compounding, and describes how each drives biophysical, political, socio-cultural, and ecological changes, with effects that vary from region to region. However, while changes have been acutely observed and felt by many Indigenous Peoples as well as non-Indigenous mountain communities, monitoring

xii EXECUTIVE SUMMARY

of both anthropogenic pressures and their implications is currently limited across mountain systems in Canada, making prediction of future threats difficult to assess, particularly in mountainous areas of northern Canada. The chapter concludes by calling attention to the need for enhanced research and monitoring efforts, as well as the importance of supporting adaptation to the challenges (and opportunities) posed by increasing rates of climate and anthropogenic change in mountain areas in Canada.

Chapter 6. Desirable Mountain Futures

The Desirable Mountain Futures chapter reflects on the CMA's knowledge co-creation process and the findings of its substantive chapters. It discusses how much was already known about mountains in Canada, but also how divides between Indigenous and Western knowledge systems have limited appreciation for the depth and diversity of existing mountain systems knowledge. It also describes how, in coming together across time, cultures, and landscapes, the CMA led to new insights about mountains in Canada. The chapter then discusses four cross-cutting themes that emerged from the CMA: Connectivity; elevating Indigenous knowledges; access and barriers to relationships with mountains; and humility. Ultimately, this chapter reveals how the CMA is only a beginning. It concludes by calling attention to opportunities for research, relationships, and actions that support ideals of the CMA.

By way of these chapters, the CMA aims to enhance appreciation for the diversity and significance of mountains in Canada; to clarify challenges and opportunities pertinent to mountain systems in the country; to motivate and inform mountain-focused research and policy; and, more broadly, to cultivate a community of practice related to mountains in Canada.

EXECUTIVE SUMMARY xiii

TABLE OF CONTENTS

Acknowledgementsvii Forewordix
Executive Summaryxi
Table of Contentsxv
Table of Contents
Chapter 1. Introduction1
1.1 Mountains and Mountain Knowledge
in Canada1
1.2 Introducing the Canadian Mountain
Assessment7
1.2.1 Project governance8
1.2.2 Visioning11
1.2.3 Methodology14
1.2.4 Review and revision process20
1.2.5 Innovations21
1.2.6 Caveats and limitations22
1.3 Organisation of Assessment23
Glossary24
References27
Chapter 2. Mountain Environments31
Chapter 2. Mountain Environments31 2.1 Introduction31
2.1 Introduction31
2.1 Introduction
2.1 Introduction31
2.1 Introduction
2.1 Introduction 31 2.2 Origins 33 2.2.1 Plate tectonics: The driving mechanism for mountain building 34 2.2.2 Ancient orogens of eastern Canada 36 2.2.3 Younger orogens of western Canada 37 2.2.4 Ice sheet histories, landscape sculpting, and deglaciation 40 2.2.5 Gaps and challenges 42 2.3 Weather and Climate 42 2.3.1 Air temperature 43 2.3.2 Precipitation 47
2.1 Introduction
2.1 Introduction 31 2.2 Origins 33 2.2.1 Plate tectonics: The driving mechanism for mountain building 34 2.2.2 Ancient orogens of eastern Canada 36 2.2.3 Younger orogens of western Canada 37 2.2.4 Ice sheet histories, landscape sculpting, and deglaciation 40 2.2.5 Gaps and challenges 42 2.3 Weather and Climate 42 2.3.1 Air temperature 43 2.3.2 Precipitation 47 2.3.3 Mountain wind systems 48 2.3.4 Gaps and challenges 50

2.4.3 Mountain permafrost63
2.4.4 Gaps and challenges64
2.5 Water65
2.5.1 Mountain flow regimes66
2.5.2 Mountain surface
hydrological processes67
2.5.3 Mountain lakes and reservoirs69
2.5.4 Mountain groundwater71
2.5.5 Mountain wetlands72
2.5.6 Mountain water quality73
2.5.7 Hydrological modelling74
2.5.8 Gaps and challenges75
2.6 Mountain Hazards76
2.6.1 Indigenous perspectives on
mountain hazards76
2.6.2 Hazard types and frequency77
2.6.3 Gaps and challenges78
2.7 Ecosystems and Biodiversity78
2.7.1 Terrestrial mountain ecosystems79
2.7.2 Landscape management
and disturbances83
2.7.3 Mountain biodiversity84
2.7.4 Aquatic ecosystems
and biodiversity88
2.7.5 Gaps and challenges90
2.8 Connections between Mountains and
Lowland/Coastal Environments91
2.8.1 Upstream movements of air, water,
materials and organisms92
2.8.2 Downstream movements of air, water,
materials and organisms94
2.8.3 Gaps and challenges96
2.9 Conclusions96
Glossary97
References98

Chapter 3. Mountains as Homelands129	Chapter 4. Gifts of the Mountains	179
3.1 Introduction129	4.1 Introduction	179
3.1.1 Homelands and homes129	4.1.1 Gifts and benefits	179
3.1.2 Conceptual underpinnings131	4.2 Gifts of Identity and Wellbeing	181
3.2 Stories of Homelands132	4.2.1 Emotional and physical wellbeing	
3.2.1 Stories of creation132	of mountain communities	181
3.2.2 Stories of mountain spirits133	4.3 Gifts of Art	183
3.2.3 Mountain place names134	4.3.1 Mountains as sites of creative	
3.2.4 Summary136	inspiration and dialogue	183
3.3 Mountain Archaeology and the	4.3.2 Mountains as sites of art institutio	
Longevity of Homelands136	and programs	
3.4 Multispecies Literature138	4.4 Gifts of Teaching and Pedagogy	187
3.4.1 Human-animal relationships	4.4.1 Storytelling and narrative	
in mountains138	4.4.2 Sacredness	
3.4.2 Human-plant relationships	4.4.3 Land-based learning and healing	190
in mountains140	4.4.4 Challenges to Indigenous-led	
3.5 Changes to Mountain Homelands140	teaching and learning in Canada	
3.5.1 Early colonial presence140	4.5 Gifts of Foods and Medicines	
3.5.2 Science as colonial tool142	4.5.1 Plants, fungi, and medicinal specie	
3.5.3 Treaties and land access142	4.5.2 Wildlife	
3.5.4 Parks and protected areas145	4.5.3 Fisheries	
3.6 Recreation155	4.6 Gifts of Water	
3.6.1 Place-making through recreation155	4.6.1 Gifts of freshwater	
3.6.2 Recreation and gender156	4.6.2 Gifts of wetlands	208
3.6.3 Race and recreation158	4.7 Gift of Mountain Spaces and Terrain	
3.7 Labour158	for Tourism and Recreation Activities	208
3.7.1 Extraction labour158	4.7.1 Nature and adventure	
3.7.2 Incarcerated labour in mountains159	tourism economies	208
3.7.3 Military labour160	4.7.2 Challenges and drawbacks of	011
3.7.4 Built infrastructures160	mountain recreation	
3.7.5 Mountain professionals160	4.8 Gifts and Benefits of Forests, Materials	
3.8 Governance in Contemporary	and Energy Sources	
Mountain Spaces164	4.8.1 Forests	
3.8.1 Mountains as borderlands164	4.8.2 Minerals and hydrocarbons	
3.8.2 Indigenous governance in	4.8.3 Sedimentary deposits and quarries	
mountain places164	4.8.4 Metallic mineral deposits	
3.9 Conclusion165	4.8.5 Fossil fuel deposits	
Glossary167	4.8.6 Renewable energy	
References168	4.9 Conclusions	
	Glossary	
	Deferences	224

xvi TABLE OF CONTENTS

5.1 Introduction 237 5.2 Climate Change: Historical Trends and Future Projections 238 5.2.1 Historical temperature trends 239 5.2.2 Historical precipitation trends 243 5.2.3 Caveats and research gaps 244 5.2.4 Future climate projections 244 5.2.5 Caveats and research gaps 250 5.3 Land Cover and Land Use Pressures 250 5.3.1 Changes in land cover 251 5.3.2 Changes in land use 251 5.3.3 Demographic changes 254 5.4 Resource Development Pressures 255 5.4.1 Resource extraction 255 3.4.2 Logging pressures 256 5.4.3 Mining and fossil fuel pressures 258 5.5 Growing Pressures from Mountain 258 5.6 Changes in the Governance of Mountain Spaces 262 Emerging Threats and Impacts on 265 Mountain Systems 265 5.7.1 Changes in snowpack 265 5.7.2 Changes to glaciers 265 5.7.3 Changes in permafrost 270 5.8 Threats and Impacts from Changing 272 5.8.1 Changes in water supply	Chapter 5. Mountains Under Pressure 237
Future Projections	5.1 Introduction237
5.2.1 Historical temperature trends	5.2 Climate Change: Historical Trends and
5.2.2 Historical precipitation trends	-
5.2.3 Caveats and research gaps	÷
5.2.4 Future climate projections	
5.2.5 Caveats and research gaps	
5.3 Land Cover and Land Use Pressures	
5.3.1 Changes in land cover	
5.3.2 Changes in land use	5.3 Land Cover and Land Use Pressures250
5.3.3 Demographic changes	5.3.1 Changes in land cover251
5.4 Resource Development Pressures	5.3.2 Changes in land use251
5.4.1 Resource extraction and development	5.3.3 Demographic changes254
and development	5.4 Resource Development Pressures255
5.4.2 Logging pressures	
5.4.3 Mining and fossil fuel pressures	-
5.4.4 Invasive species	
5.5 Growing Pressures from Mountain Tourism and Recreation	
Tourism and Recreation	-
5.6 Changes in the Governance of Mountain Spaces	
Mountain Spaces	
Emerging Threats and Impacts on Mountain Systems	
Mountain Systems	
5.7 Threats and Impacts from a Changing Cryosphere	
Changing Cryosphere	-
5.7.1 Changes in snowpack	
5.7.2 Changes to glaciers	
5.7.3 Changes in permafrost270 5.8 Threats and Impacts from Changing Water Resources272	
5.8 Threats and Impacts from Changing Water Resources272	
Water Resources 272	
J.U.I CHALIZES III WALEI SUPPLY	
5.8.2 Water quality276	

5.9 Risks and Vulnerability from Changing Mountain Hazards	
5.10 Threats and Impacts on Ecosystems	 279
5.10.1 Changes in treeline and	070
shrubification	
5.10.2 Changes in stream ecosystems	
5.10.3 Changes in mountain wetlands	282
5.10.4 Changes in wildlife, human, and more-than-human relations	 283
5.11 Impacts on Socio-Cultural Systems	
5.11.1 Threats to Indigenous livelihoods	
and knowledge systems	285
5.11.2 Threats to community health and wellbeing	287
5.11.3 Threats to mountain tourism	207
and recreation	288
5.12 Adaptation to Changing Pressures	
5.13 Conclusions	
Glossary	293
References	
Chapter 6. Desirable Mountain Futures.	710
6.1 Connectivity	
•	
6.2 Elevating Indigenous Knowledges	
6.3 Access and Barriers to Relationships	
6.4 Humility	
6.5 Endings as Beginnings	
References	327
Appendix I: Contributor Bios	329
Appendix II: Learning Circle Contributions	
Appendix III: Map Data	

TABLE OF CONTENTS xvii



River flowing into kokKuk (Southwest Arm), Saglek Fiord, Tongait KakKasuangita SilakKijapvinga (Torngat Mountains National Park). Photo courtesy of Darroch Whitaker (Parks Canada), 2013.